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## EVALUATION OF THE FRACTIONAL FLOW RESERVE BY COMPUTER TOMOGRAPHY DATA: COMPARISON OF THE CALCULATED PARAMETERS WITH THE RESULTS OF INVASIVE MEASUREMENTS

<i>Aim</i>	To create a three-dimensional mathematical model of coronary flow in patients with ischemic heart disease based on findings of computed tomography angiography (CTA) with subsequent calculation of the fractional flow reserve (FFR <sub>CTA</sub> ) and comparison of estimated FFR <sub>CTA</sub> with FFR reference values measured by coronary angiography (CAG).
<i>Material and methods</i>	The study included 10 patients with borderline stenosis (50–75%) as determined by CTA performed with a 640-slice CT-scanner. Based on CTA findings, three-dimensional mathematical models were constructed for further calculation of FFR <sub>CTA</sub> . Later, an invasive measurement of FFR (FFR <sub>INV</sub> ) was performed for all patients. FFR values <0.8 indicated the hemodynamic significance of stenosis.
<i>Results</i>	FFR <sub>CTA</sub> and FFR <sub>INV</sub> values differed insignificantly in most cases (n=9) and exceeded 5% in only one case. The regression analysis showed a close correlation between estimated and invasively measured FFR values.
<i>Conclusion</i>	Preliminary results showed a good consistency of calculated and measured FFR values. Therefore, further development of the method for mathematical modeling of three-dimensional blood flow by CTA findings is promising. Noninvasive evaluation of FFR is particularly relevant for analysis of hemodynamic significance of borderline (50–75%) coronary stenoses.
<i>Keywords</i>	Fractional flow reserve; computed tomography angiography; ischemic heart disease; mathematical model
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### Introduction

Fractional flow reserve (FFR) refers to the gradient between the mean coronary pressure proximal to the stenosis site and the mean aortic pressure. The invasive measurement of FFR is recognized by international experts as the gold standard for determining the functional significance of stenosis [1]. Many studies have shown that myocardial revascularization is associated, depending on FFR values, with a decrease in the risk of developing severe adverse cardiovascular events, including acute myocardial infarction and death [2].

In 2011, Koo et al. [3] published the first FFR assessment trial obtained by mathematical modeling of the coronary bed according to computed tomographic angiography (CTA, FFR<sub>CTA</sub>) of coronary arteries. Since

then, many data have been published on this technique, along with various non-invasive methods for assessing the functional significance of stenosis [3–5]. However, the meta-analysis showed that the calculation of FFR has the greatest diagnostic significance and comparability with the indicators of invasive measurement of FFR<sub>CTA</sub> using the HeartFlow FFRCT mathematical modeling (HeartFlow, Redwood City, CA) [6]. This is the only available method approved by both the US Food and Drug Administration (FDA) [7] and the UK National Institutes of Health (NIH) [8]. The PLATFORM and FORECAST trials have demonstrated that providing a definition of FFR<sub>CTA</sub> at the first stage of examination of patients with chronic coronary artery disease (CAD) significantly lessens the number of invasive diagnostic

procedures and repeated non-invasive tests, as well as reducing financial costs [9, 10].

Due to the high diagnostic potential of the non-invasive determination of  $FFR_{CTA}$ , developing a hydrodynamic model of coronary blood flow is an essential task for radiation diagnostics. The authors are developing a technique for constructing a 3D computational blood flow model based on the finite volume method of approximation to fluid motion equations described earlier [11–14].

## Aim

Develop a 3D mathematical model of coronary blood flow in patients with coronary artery disease based on the CTA data with the subsequent calculation of  $FFR_{CTA}$  and comparison of the calculated  $FFR_{CTA}$  with the results of invasive measurements of  $FFR$  ( $FFR_{INV}$ ).

## Material and methods

We examined 12 patients admitted to the intensive care unit from March 2019 to February 2020 with the suspected acute coronary syndrome (ACS) and detected borderline (50–75%) coronary stenosis shown by CT on a 320-row detector scanner. The study group included patients with negative troponin tests and no ischemic changes in electrocardiography (ECG).

The exclusion criteria comprised: the presence of more than one >50% stenotic lesions per artery; new focal lesion or post-MI scar in the artery bed of interest, renal failure (glomerular filtration rate less than 50 mL/min/1.73 m<sup>3</sup>); history of allergy to iodine-containing drugs, pregnancy or breastfeeding; severe concomitant diseases affecting the prognosis independently; claustrophobia.

The study received ethical approval. All patients signed the informed consent for CTA and CAG with the invasive measurement of  $FFR$ .

Clinical characteristics of patients included in the study are given in Table 1.

## Computed tomography coronary angiography

Coronary CTA was carried out using a 320-row detector scanner. During one X-ray tube rotation lasting for 0.275 seconds, a total of 640 tomographic slices 0.5 mm thick were simultaneously made without bed motion, with intravenous administration of 50–70 mg (depending on patient weight) of a contrast agent (350–370 mg iodine/mL). The X-ray tube voltage was 100 kV with body mass index (BMI) <25 kg/m<sup>2</sup> (120 kV with BMI ≥25 kg/m<sup>2</sup>) When the thoracic topography

was performed, the area of interest was 1 cm above the aortic root up to the diaphragm level.

The contrast agent was administered intravenously at a rate of 5 mL/s using an automatic syringe. The arterial phase of the examination began automatically when the peak concentration of the contrast agent was reached in the lumen of the aortic root, which was equal to 250 Hounsfield units. Prospective ECG gating was used in the R – R range from 75% to 95%. An oral or intravenous beta-blocker was used with heart rate (HR) >65 bpm. Coronary scans were analyzed on a Vitrea workstation; the degree of stenosis was assessed for each coronary segment. All images were of good quality.

## Construction of a 3D computational model of coronary arteries based on computed tomography angiograms

The calculation method of  $FFR$  includes two stages [11]. At the first stage, a 3D geometric model of a vessel is created on the basis of the CTA findings in order to construct a hydrodynamic blood flow model. At the second stage, the blood flow characteristics are calculated using hydrodynamic modeling for the vessel's geometric model obtained at the first stage.

The 3D vessel geometry is built based on the CTA data. The construction technique of the 3D vessel model has been described in our previous works [12, 13]. The procedure uses the voxel-based seeded region growing algorithm to combine automatic detection with partially manual processes, which are often inevitable in the cases of complex and non-standard vessel geometry, insufficient contrast-enhancement of tomographic slices, uneven distribution of contrast agent in the blood, etc.

The 3D geometric model of the aorta and coronary arteries is constructed based on CTA findings using a 3D algorithm of seeded region growth. The triangulation is built as the surface of multiple voxels isolated from the general circulatory model resulting from an interactive semi-automatic procedure. The surface is smoothed using the Taubin algorithm and the uniform Laplace operator [15]. A computational prismatic grid is automatically constructed on the basis of the mathematical hydrodynamic 3D vessel model, which significantly reduces the number of computational cells in hydrodynamic modeling.

Subject to an additional mathematical morphology procedure, the voxel model of the aorta and coronary arteries allows calcifications to be isolated. Dilation is carried out following detection in order to clarify the margins. Using different threshold values for the

density function allows a determination of the margin between the vessels and areas outside the voxel model and separating voxels inside the vessel, which represent blood with a contrast agent, on the one hand, and calcifications, on the other. As a result, the interior of the calcifications is removed from the triangulation, and the inner margins of the calcifications are included in the outer margin of the model. The implemented technique makes it possible to calculate the triangulation of the inner surface of the aorta and coronary arteries considering the calcifications [12, 13]. Special software is used to analyze the patient's CT scans in DICOM format and create a file with triangulation of the 3D model in any of three formats: Wavefront OBJ (preferred), STL, VRML. This then comprises the input file for the ANSYS simulation software suite.

The computational hydrodynamic blood flow model was based on the calculations described earlier [14]. The blood flow calculation is based on the finite element method implemented in the ANSYS CFX hydrodynamics module, which is a part of the ANSYS Workbench 19 (ANSYS, Inc) computational complex. The ANSYS CFX suite is used to calculate the hydrodynamic parameters of blood flow in the 3D blood vessel model. Our task was to describe stationary fluid flow in the vascular system, as captured by the Navier-Stokes equations in conjunction with the mass and fluid flow conservation conditions. The calculation did not consider the elasticity of the vessel walls but provided for the no-slip condition, which means that the velocity of the marginal fluid is zero. The measured pressure values were used as the borderline conditions for the region of computation.

### Coronary angiography and fractional flow reserve

Coronary angiography (CAG) was performed using an Allura Xper FD-10 device with a 6F catheter, which was placed at the mouth of the coronary artery via a radial approach. Non-ion iodine-containing contrast agents were used. Angiograms were analyzed visually and automatically in the Xcelera system.

Nitroglycerin 250 mcg was injected intracoronarily to dilate epicardial arteries for the measurement of FFR. The intracoronary pressure sensor was then brought to the tip of the guiding catheter to measure pressure in the proximal coronary bed. When the pressure curves normalized, the intracoronary probe was moved distally from the coronary stenosis. Maximum hyperemia was achieved by injecting papaverine into the artery (20 mg for the left coronary artery, 12 mg for the right

**Table 1.** Clinical characteristics of patients with acute coronary syndrome

Parameter	Value
Total number of patients	12
Mean age, years	63±7.8
Sex, M/F	8/4
Postinfarction cardiosclerosis	3
Arterial hypertension	9
Hypercholesterolemia	8
Diabetes mellitus	3

coronary artery). FFR was then measured, followed by a manual retraction of the probe to the artery mouth to determine the hemodynamic significance of an atherosclerotic plaque at different coronary artery levels. The threshold FFR value was 0.80. The coronary lesion was hemodynamically insignificant with  $FFR \geq 0.80$  and hemodynamically significant with  $FFR < 0.80$ .

### Results

The effective removal of calcifications from the mathematical model was impossible in 2 cases due to severe calcification, which deliberately distorted the calculated FFR. Therefore, these patients were excluded from the study. The final analysis included ten patients. The invasive ( $FFR_{INV}$ ) and calculated FFR ( $FFR_{CTA}$ ) were evaluated in one coronary artery of each patient. The measurement results are presented in Table 2.

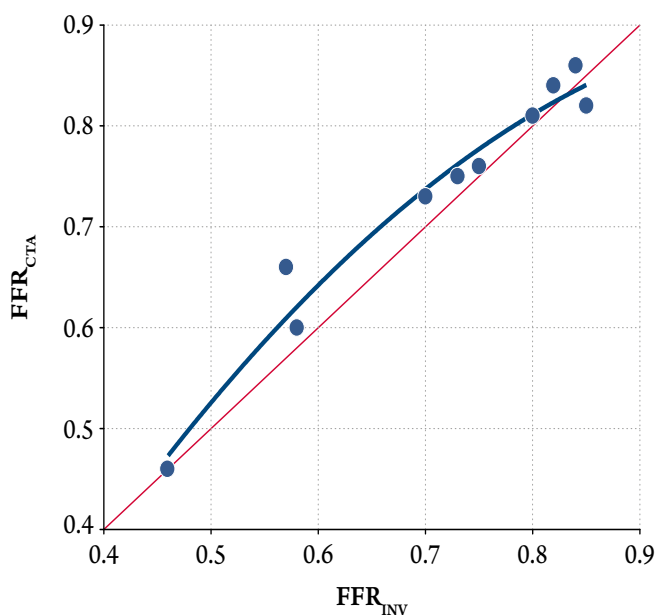
According to the data presented, the calculated and invasively measured FFR values differ insignificantly in most cases: only in one case, the difference exceeded 5%.

**Table 2.** Comparison of calculated and invasively measured values of fractional flow reserve

Patient	Vessel type	Stenosis degree, %	$FFR_{INV}$	$FFR_{CTA}$	Deviation of $FFR_{CTA}$ from $FFR_{INV}$ , %
#1	RCA	75	0.85	0.82	3.5
#2	LAD	70	0.7	0.73	4.3
#3	LAD	75	0.73	0.75	2.7
#4	LAD	70	0.56	0.6	3.4
#5	RCA	75	0.75	0.76	1.3
#6	RCA	75	0.57	0.66	16
#7	LAD	75	0.46	0.46	0
#8	RCA	55	0.84	0.86	2.4
#9	RCA	60	0.8	0.81	1.3
#10	LAD	65	0.82	0.84	2.4

RCA – right coronary artery; LAD – left anterior descending artery; FFR – fractional flow reserve; CTA – computed tomographic angiography;  $FFR_{INV}$  – invasively measured fractional flow reserve.

**Figure 1.** Regression plot of calculated and invasively measured values of fractional flow reserve



FFR – fractional flow reserve; CTA – computed tomographic angiography. FFR<sub>INV</sub> – invasively measured fractional flow reserve.

Figure 1 shows the results of the comparison of the calculated and invasively measured FFR values. The dot indicates the calculated value of FFR (FFR<sub>CTA</sub> on the vertical axis) corresponding to the invasively measured FFR value (FFR<sub>INV</sub> on the horizontal axis). The dashed line corresponds to the quadrant bisector, on which the points should lie if the invasively measured FFR values (FFR<sub>INV</sub>) match the values resulting from the hydrodynamic calculation (FFR<sub>CTA</sub>).

The solid line in Figure 1 depicts a polynomial quadratic approximation of the corresponding FFR values. The approximation curve indicates a close correlation between the measured and calculated values. The Pearson correlation coefficient between the sets of calculated FFR values and the corresponding invasively measured FFR values is 0.974637812, i.e., two values are strongly correlated (see the regression graph in Figure 1). Based on the data in Table 2 and the regression plot in Figure 1, it is evident in the case of invasively measured significant physiological damage (FFR about 0.80) that the deviation of the calculated value from the measured value decreases, while the accuracy of the computed FFR exceeds 90%.

In general, this comparison of the measured and calculated values showed a good correlation of the data and, thus, the efficacy of the new method.

Two examples of hydrodynamic calculation based on CTA data can be given here for clarity: patient #4 (Figure 2) and patient #5 (Figure 3). For both patients, 3D images of the coronary artery geometry

were reconstructed based on the CTA data. Then hydrodynamic calculations of blood flow were carried out, as described above. In patient #4, the left anterior descending artery (LAD) was analyzed: the calculated and invasively measured FFR values were 0.6 and 0.58, respectively. In patient #5, the right coronary artery (RCA) was analyzed: the calculated and invasively measured FFR values were 0.76 and 0.75, respectively.

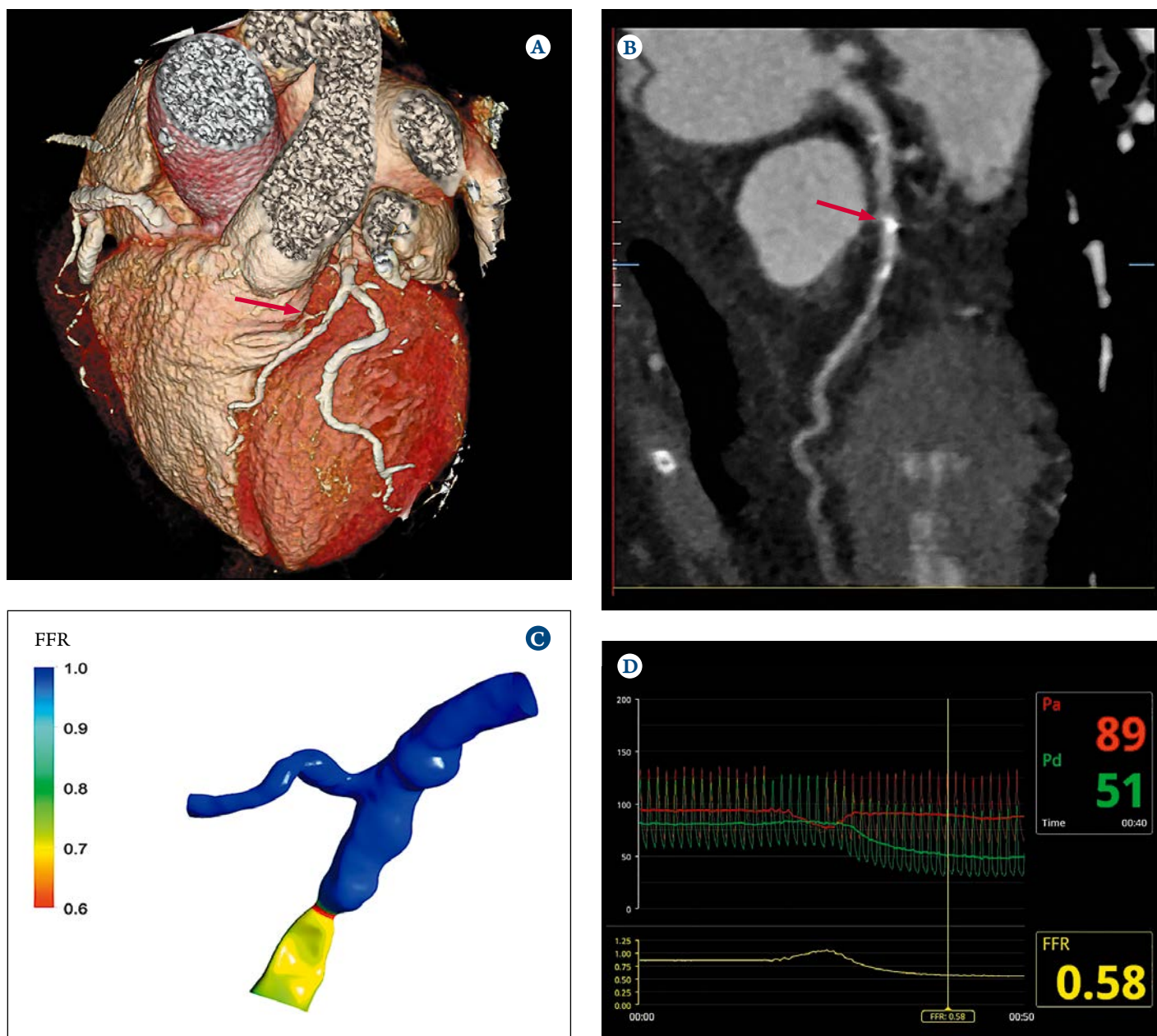
## Discussion

The results of our comparative analysis of FFR<sub>CTA</sub> and FFR<sub>INV</sub> are intermediate since mathematical modeling of ten coronary arteries was performed at this stage of the study, which is not sufficient for appropriate statistical data processing. Moreover, our study was significantly limited by the inclusion of patients with borderline stenosis. This approach was driven by the clinical feasibility of invasive measurement of FFR in this category of patients in order to decide on revascularization. In moderate or marginal stenosis, the pressure gradient in the artery is low before and after stenosis. Therefore, the FFR values are in the so-called gray zone, i.e., close to 0.8, when a small deviation may be significant for assessing hemodynamic significance stenosis. Nevertheless, despite these limitations, the regression analysis showed a good correlation between the calculated and invasively measured FFR values.

Recent studies have shown good comparability between FFR<sub>CTA</sub> and FFR<sub>INV</sub> and demonstrated the relationship of FFR<sub>CTA</sub> to unfavorable outcomes of CAD in ambulatory patients [16–19]. Large multicenter studies reported that the quality of 71–89% of CTA data was sufficient to calculate FFR [17]. The purposeful optimization of CTA protocols made it possible to increase the number of high-quality images for the FFR calculation to 97–99% [20, 21]. The PROMISE study found a strong correlation between FFR<sub>CTA</sub> and the severity of stenosis, while discrepancies between CTA data and FFR<sub>CTA</sub> values were observed in 31% of patients [18]. These data are consistent with the results of the FAME study, which showed 25% of discrepancies in the FFR<sub>INV</sub> values compared with the findings of invasive CAG [22].

After analyzing the ROMICAT II data, Ferencik et al. [23] found a strong relationship between FFR<sub>CTA</sub> < 0.8 and the final diagnosis of ACS in patients hospitalized with acute chest pain without ST-segment elevation on ECG. Among 27 patients with ACS, 23 (85%) had FFR<sub>CTA</sub> ≤ 0.8. This study showed once again that the hemodynamic significance of stenosis is an essential predictor of ACS in acute chest pain. The data obtained by Ferencik et al. [23] are consistent

**Figure 2.** Case study (patient #4) 52-year-old male with acute coronary syndrome shown by computed tomography

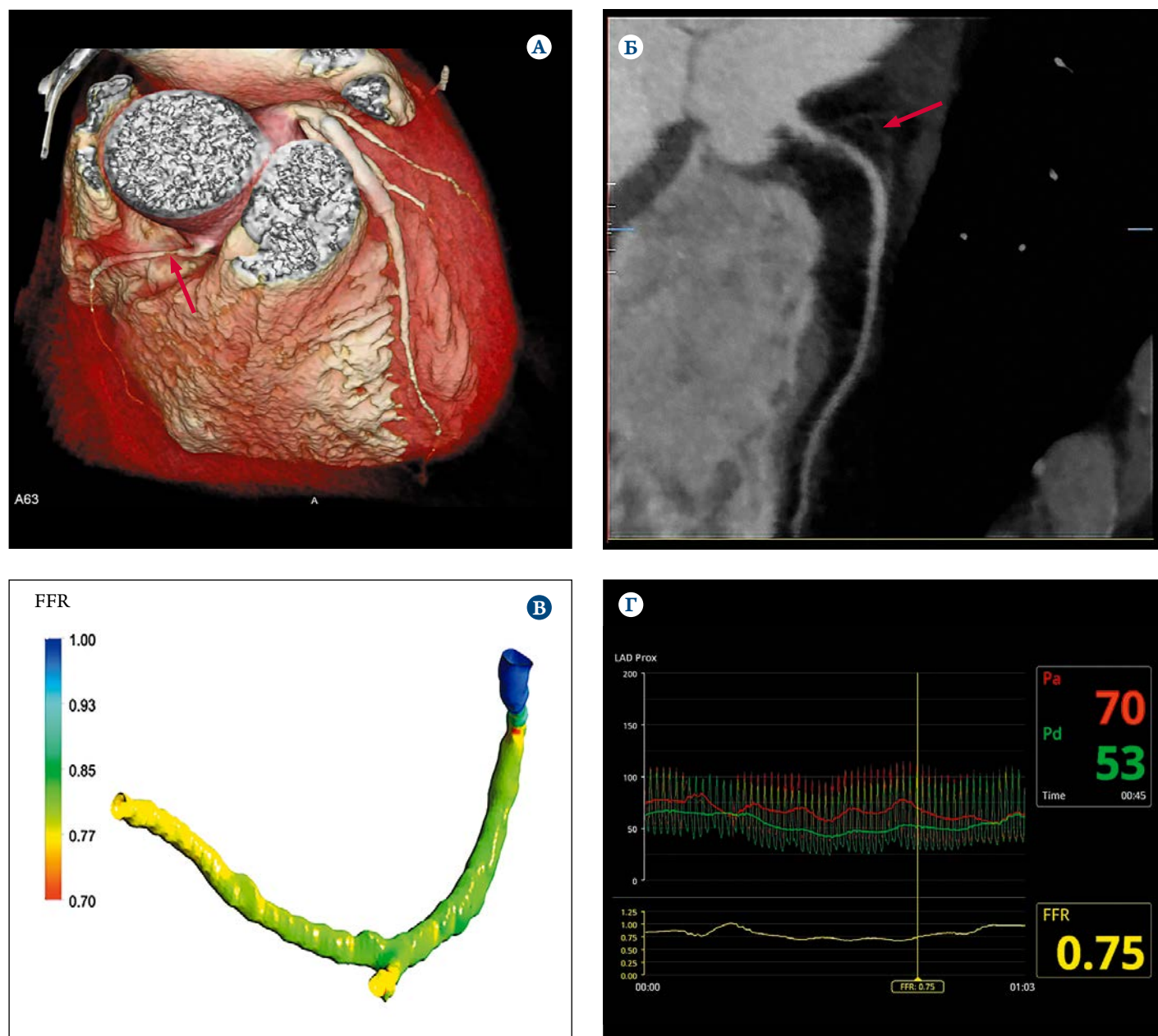


A – 3D reconstructions; B – multiplanar reconstructions: 70% stenosis of the left anterior descending artery (arrows); C –  $FFR_{CTA} = 0.6$ ; D –  $FFR_{INV} = 0.58$ , which confirms the hemodynamic significance of the stenosis. FFR – fractional flow reserve; CTA – computed tomographic angiography.  $FFR_{INV}$  – invasively measured fractional flow reserve.

with the results of the PROMISE study, in which the hemodynamic significance of stenosis based on  $FFR_{CTA}$  was more frequently associated with the number of revascularization procedures and cardiovascular complications than with the severity of stenosis based on CTA (odds ratio 4.31 vs. 2.90;  $p=0.033$ ). These findings show the need for further study of the relationship between the anatomical and functional parameters of the coronary system, which is important for predicting coronary complications and making revascularization decisions, especially in borderline stenosis.

We have demonstrated the possibility of assessing  $FFR_{CTA}$  in patients with acute chest pain without ischemic changes on ECG and with a negative troponin test. Preliminary research data showed that, in the case of  $FFR_{CTA}$  assessment in patients without pronounced calcification, the construction of a 3D vascular model produces data consistent with the invasive measurement of FFR. However, in the presence of severe calcification and minimal vessel lumen, the computational results are unstable and depend on the algorithm parameters used to detect and remove calcifications (threshold

**Figure 3.** Case study (patient #5) 68-year-old male with clinical signs of acute coronary syndrome based on computed tomography



A – 3D reconstructions; B – multiplanar reconstructions: 75% stenosis of the right coronary artery (arrows);  
C –  $FFR_{CTA} = 0.76$ ; D –  $FFR_{INV} = 0.75$ , which confirms the hemodynamic significance of the stenosis.  
FFR – fractional flow reserve; CTA – computed tomographic angiography.  
 $FFR_{INV}$  – invasively measured fractional flow reserve.

values, parameters of the methods of mathematical morphology applied, etc.). For such cases, the proposed method requires further experiments and clarification of the algorithms used.

## Conclusion

Based on the results of computational experiments, we can conclude that the calculated values of the fractional flow reserve based on the developed mathematical model are comparable with the invasively measured fractional flow reserve. Further development

of the mathematical modeling of volumetric blood flow based on computed tomographic angiography data is a promising area of cardiology in Russia. However, in order to consider all possible types of calcifications and a hydrodynamic model of blood flow with an appropriate correct accounting of the margin conditions and viscous flow models, it is necessary to further clarify the 3D geometric model of coronary arteries. In order to solve this problem and validate the calculated values of fractional flow reserve, more patients will need to be included in the study.

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No conflict of interest is reported.

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